



# Wisconsin Colon & Rectal Clinic

A DIVISION OF NEW SURGICAL ASSOCIATES, S.C.

Peter Falk, MD     Scott Ruggles, MD     Marc Grodsky, MD

## Surgery/Exam Preparation Instructions

\*Please read through ALL the enclosed information carefully.

Patient Name: \_\_\_\_\_

Date/Time: \_\_\_\_\_ am/pm                      Arrival Time: \_\_\_\_\_ am/pm

Procedure: \_\_\_\_\_

(A hospital representative may contact you: to pre-register, review your history, or review arrival time.)

Place:    Bellin Hospital                                      Bellin Digestive Services  
            St. Vincent Hospital                                  Aurora BayCare Medical Center  
            St. Mary's Hospital                                    Other: \_\_\_\_\_

- **\*Insurance:** Please contact your insurance company as soon as possible to verify coverage for this service and if any notification is required of you. As a courtesy we will bill your insurance, any balance not covered by your insurance will be your responsibility.

### Medication Instructions as Marked:

- You may **not** take any of your medications the day of the procedure, unless directed to do so by the hospital staff or anesthesia.
- You must stop taking your \_\_\_\_\_ on the following date: \_\_\_\_\_.  
Please contact your prescribing doctor regarding stopping this medication.
- You may take your medications the day before as usual.
- **If you are diabetic:** On \_\_\_\_\_ only take half the dose of your diabetic medications. Do not take any of your diabetic medications on \_\_\_\_\_ until after the procedure and after you have eaten.

### Diet Instructions as Marked:

- Nothing to eat or drink after 12 midnight the night before the procedure, unless directed differently by the hospital staff.
- No alcohol the day before and the day of surgery.
- Special instructions: \_\_\_\_\_

(over)

**Transportation Arrangements:**

- Because of sedation and pain management medication, you will not be allowed to drive yourself home. You will need a responsible adult (not a taxi service) to bring you home. You are not to drive or work the remainder of the day or operate machinery or appliances. A responsible adult should oversee your care the remainder of the day.

**Other:**

- If you need to cancel your surgery, please contact the office **as soon as possible**. If canceling the day of your surgery, the office needs to be contacted at least **three hours prior to surgery**. Without a three hour notice, the hospital may charge you a surgery set-up fee.
- Do not shave surgical site. (abdominal, pubic, rectal).

**Please call our office with any questions: (920) 494-9685**

**Nurse's Initials: \_\_\_\_\_**